

Supported living for adults with learning disabilities, autism, mental health needs and behaviours that may challenge

Staffordshire Supported Living, West Midlands



Now taking referrals

Supported Living is an important step towards independence. We know how important it is for individuals to have the right support so they can live the life they want to live.

We support individuals with learning disabilities, autism, mental health needs and behaviours that challenge. Individuals are supported to hold their own tenancy agreement with a registered housing association. Individuals who are interested in living here may have previously been detained within a hospital setting and are ready for a step down placement within their local community.



Mixed gender



Multiple locations



18+ years

Our resident profile:

- > Diagnosis of learning disability and/or autism
- > May have associated mental health needs
- > Behaviours that may challenge
- > Communication challenges



"I have been in 65 placements since being in care since I was 12 years old and you can tell they actually care about us here." Resident



Cygnet Health Care are experienced in supporting individuals who may lack capacity to choose where they live and would work closely alongside our commissioning partners to ensure that correct legal frameworks are in place in order for them to live successfully in the community.

Offering experienced, trained staff twenty-four hours a day, the service benefits from a core staffing team. Each tenant would be allocated an experienced and consistent staff team and training would be bespoke to individual support needs which enables tenants to live as independently and safely as possible.

When individuals come to Staffordshire Supported Living, we take the time to get to know them, their preferences, as well as their hopes and dreams for the future. We support individuals with a personal discharge plan to achieve their goals and aspirations and ensure they feel they are in control of their own life.

"I didn't feel safe in hospital or the shared house that I moved to - I feel safe here." Resident



Our community links:

- > Local shops and supermarkets
- > Good rail links
- > Local parks
- > Cinema
- > Leisure centres

How we support individuals:

Helping individuals to **build relationships** and access whatever community activities they would like to take part in



Providing **person-centred practical help** for individuals - such as training and support on how to manage their home, their money, gardening, housework and healthy living



Easy read and other **accessible information** available to individuals



Working with them to **find out their strengths, abilities and references**

We get to know them, their families, carers advocates and other people who are important to them and their care and support



Helping individuals to **set and achieve goals** as part of their support plan



Supporting individuals in Staffordshire

Birmingham
16 single occupancy apartments

Stafford
1 single occupancy house

Wolverhampton
9 single occupancy bungalows

Registered address:
Unit D, Hunters Row Centre, Gaolgate Place,
Stafford, West Midlands ST16 2AD

T: 01785 337999



How to make a referral

We are able to take referrals 24 hours a day, 7 days a week. For more information or to make a referral please call **0808 164 4450** / email chcl.referrals@nhs.net or contact your regional Business Relationship Manager.

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / chcl.referrals@nhs.net or through your regional Business Relationship Manager
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-524 | Date of Preparation: 25/05/22

Please visit cygnethealth.co.uk for more info | Follow us on social media:



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Trust

Empower

Respect

Care