

# High dependency inpatient rehabilitation service for women

**Cygnet Lodge Salford,  
Manchester**

**Beds available  
Now taking referrals**



Cygnet Lodge Salford is our high dependency inpatient rehabilitation service for women. The service supports 24 individuals with a primary diagnosis of mental illness, but they may also have a complex secondary diagnosis, including a personality disorder.

Women often come to us following multiple placement breakdowns, failed treatment programmes or they may be stepping down from secure settings. The service has been designed with wellness in mind, providing a safe and comfortable environment that promotes efficient rehabilitation and recovery. Our aim is to understand, stabilise and break the traumatic cycles of relapse that can impact individual's lives.



Female



18+ years



19 beds +  
3 bespoke  
apartments (3,1,1)

## Our service user profile:

- > Women aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistance
  - Behaviours that challenge
- > May have a secondary diagnosis of mild learning disability, autism spectrum disorder or personality disorder
- > Aiming for a return to community or community based care
- > History of abuse and trauma
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a forensic history and / or be stepping down from secure services
- > May have a history of repeated acute admissions

## Our service at a glance

At Cygnet Lodge Salford, our main focus is to give women the skills and confidence to enable them to live independently in the community. Our psychology and occupational therapy led interventions effectively tackle the challenges of mental health and alongside our clinical interventions, we help women enhance their personal skills to rebuild their lives. Our care embraces a balanced approach to risk management and therapeutic optimism.

Located on a quiet residential street, we are within walking distance of local shops and amenities including restaurants, libraries, colleges and places of worship. Just a 20 minute drive away is the popular Trafford Centre which is a large indoor shopping and leisure complex in Greater Manchester.

The service has a main ward which has 19 beds, the individuals supported all have their own en-suite facilities whilst also having access to a number of living spaces, a beauty salon, a sensory room, IT room and a therapy kitchen that is attached to a large open plan dining room. Externally there are 2 large gardens allowing plenty of space for garden parties, growing plants / vegetables and also enjoying outdoor activities.

In addition to this, the service also has three bespoke apartments allowing individuals to move in from the main service to safely test out their independent living skills prior to re-integration into the community. We are also able to accept external referrals for these apartments. There are 2 one bed apartments and one three bedroom apartment. Each apartment has its own open plan living space with access to a garden.

## Our facilities:

- > En-suite bedrooms
- > Bespoke apartments for single and multiple occupancy
- > Therapy kitchen
- > Dining room
- > A variety of living spaces to choose from
- > Beauty salon
- > Large gardens
- > Sensory room
- > Computer room
- > Therapy room
- > Assisted bathroom
- > On-site laundry facilities

We empower the women we support to enable them to learn and practice skills, so that they are able to successfully reintegrate into the community



Achieving the right balance between maintaining safety and providing the least restrictive environment possible in order to facilitate recovery



Supporting service users to access local job opportunities, both volunteering and paid



Activities of daily living (ADL) kitchen to support skill development



Self-contained apartments available to enable individuals to build on their living skills before discharge into the community



Holistic and recovery orientated care plans created



80%



of individuals who have been discharged from the service in the last 12 months have been able to step down along their care pathway to a more community based setting

Individuals are supported to attend local vocational courses



Service users are supported with in-house therapeutic earnings including roles such as running the tuck shop, working in the kitchen and chairing the community meetings



"I am so grateful for taking such good care of my sister, I can hear how happy she is when she phones to tell me that she has had her nails painted, decorated her bag or to tell me she has had a takeaway." **Family member**

"I feel safe and looked after. The support is great." **Service user**



"I have become more confident in myself and become more stable I would like to thank everyone for their help and care." **Service user**

"Whenever I visit Salford Lodge the staff there even if they don't know me will always say hello and are always smiling, they are really friendly and welcoming. I feel they take time out to make you welcome which is really nice when you are visiting." **Mental Health Nurse**



**i** For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

### Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

### Where are we?

**Cygnet Lodge Salford**  
Radcliffe Park Crescent, Salford,  
Manchester M6 7WQ

**Phone number**  
0161 696 4930

