

Low Secure Child and Adolescent Mental Health Service (CAMHS) for Young People

Griffin Ward, Cygnet Hospital Sheffield, Yorkshire & Humber

Griffin Ward at Cygnet Hospital Sheffield is our 15 bed low secure service for young people. The service can support individuals aged between 12 and 18 years old and offers a defined treatment pathway from admission, through to intervention and discharge.

The service can positively support young people who may need a longer stay in an inpatient setting within a low secure environment. It offers a care and treatment pathway for individuals who may have complex mental health issues and whose needs and risks are such they need to be supported in this environment. The service focuses on working with individuals to understand their mental health and their risks and support their recovery, enabling them to be successfully discharged to a less restrictive environment and to reduce the possibility of relapse and likelihood of requiring a secure service in the future.

The support and care is delivered through a multi-disciplinary team which includes a Consultant Psychiatrist, Clinical Psychologist, Nurses, Healthcare Assistant, Social Workers, Family Therapist and Speech and Language Therapist.

There is a diverse educational programme in place, so that young people can continue their education at the same time as receiving treatment. Education is provided by our Phoenix School which has a 'Good' rating with Ofsted.



Mixed
Gender



12-18
years



15 beds



Our service user profile:

- > Males and females, aged 12-18
- > Detained under the Mental Health Act
- > Diagnosis of:
 - Psychosis
 - Self-harm and/or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Substance misuse – providing there is a primary diagnosis of a mental health problem
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability as a secondary diagnosis
 - Autism spectrum disorders, with a mental health primary diagnosis
- > May have a forensic history

Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > Training kitchen to support skills development
- > On-site Ofsted registered school (Phoenix School)



For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450 / chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team within 5 working days
- 3 Feedback provided on whether our service can meet the service user's needs within 5 working days
- 4 Assessment pack formulated including care plans and funding information within 5 working days
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

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