



# Cygnet Joyce Parker Hospital

Child and Adolescent Mental Health Services  
(CAMHS) hospital in Coventry for young people

**NEW**

Opening  
October 2020





## Introduction

Cygnet Joyce Parker Hospital is our new state-of-the-art Child and Adolescent Mental Health Services (CAMHS) hospital in Coventry that is due to open in October 2020. The service will support young people aged between 12 and 18 with mental health needs in psychiatric intensive care and low secure environments. The aim of service is to help young people stabilise and return home as soon as possible.

The location of the hospital extends our national network of CAMHS services into the West Midlands and will be led and overseen by Paul Bentham, our CAMHS Services Director.

The development of the service including the environment and names of the wards has been co-produced with CAMHS experts by experience, carers and young people from our other CAMHS services within Cygnet.

All young people will be able to continue their education through access to our on-site Ofsted-registered school, Summit School, if required.

### The services that will be provided at the hospital are:

#### Mermaid Ward

10 bed CAMHS PICU service with a 2 bed emergency place of safety suite for young people with severe mental illness.

Opening October 2020

#### Dragon Ward

12 bed CAMHS low secure service for young people with complex mental health needs, which may include a co-morbid presentation of disordered eating.

Opening Early 2021

#### Centaur Court

5 individual flatlet pods for young people that are stepping down from a hospital setting and are ready to trial independent living.

Opening Early 2021

### Accommodation Suite

There will be a bookable accommodation suite providing overnight accommodation for families and carers who may be travelling a long distance to visit their loved one. This will allow them to be closer to help provide support and be involved in their care.

### Joyce Parker

Joyce Parker was a caring and dedicated support worker at one of our services in the West Midlands who sadly passed away during the COVID pandemic. In her honour and remembrance we have named the hospital after her.



# Our service at a glance



## Multi-disciplinary Team (MDT)

- > Hospital director
- > Ward managers
- > Consultant psychiatrist
- > Clinical psychologist
- > Occupational therapist
- > Speech and language therapist
- > Clinical team leaders
- > BACP registered therapists
- > Dietitian
- > Nurses
- > Healthcare assistants
- > Social workers
- > Specialist educational support
- > Family liaison officer

## Therapies and interventions

- > Self-harm treatment
- > Cognitive Behavioural Therapy (CBT)
- > Dialectical Behaviour Therapy (DBT)
- > Anger management
- > Anxiety management
- > Mindfulness groups
- > Individual sessions – coping skills and trauma work
- > Family therapy
- > Daily living skills such as cooking, budgeting and personal care
- > Future planning
- > Community and social involvement
- > Pet therapy
- > Young People's Council

## Activities

- Individuals will have access to a variety of activities during their time at the hospital. These activities are tailored for each young person and outlined in a daily activities timetable. These activities may include;
- > Art and crafts
  - > Sports
  - > Charity events such as coffee mornings and summer fairs
  - > Day trips including the seaside and zoo
  - > Individual and group community activities
  - > Board games
  - > Xbox and Wii

## Facilities

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas and a gym
- > Accommodation suite for families and carers
- > On-site Ofsted-registered school, Summit School
- > Training kitchen to support skills development
- > On-site Café called the Phoenix Café
- > IT suite

## Our accreditations



Unicorn Ward at Cygnet Hospital Sheffield is the first CAMHS PICU service in the country to become CAMHeleon accredited. CAMHeleon celebrates and promotes best practice and the things that really make a positive difference to young inpatients, identifying small changes that have a big impact.



All our CAMHS wards at Cygnet Hospital Bury - Primrose Ward, Wizard House, Buttercup Ward and Mulberry Ward, are accredited by the Quality Network for Inpatient CAMHS (QNIC).



# Mermaid Ward

## CAMHS PICU Service



Mixed Gender



12-18



10 beds + 2 bed  
emergency place  
of safety suite

Opening  
October 2020

Mermaid Ward is a CAMHS PICU service for young people with severe mental illness. The focus on Mermaid Ward is on stabilisation with a view on enabling transition to a general acute ward or back into the care of community services. The service is able to provide robust care and support for young people displaying significant levels of challenging behaviour.

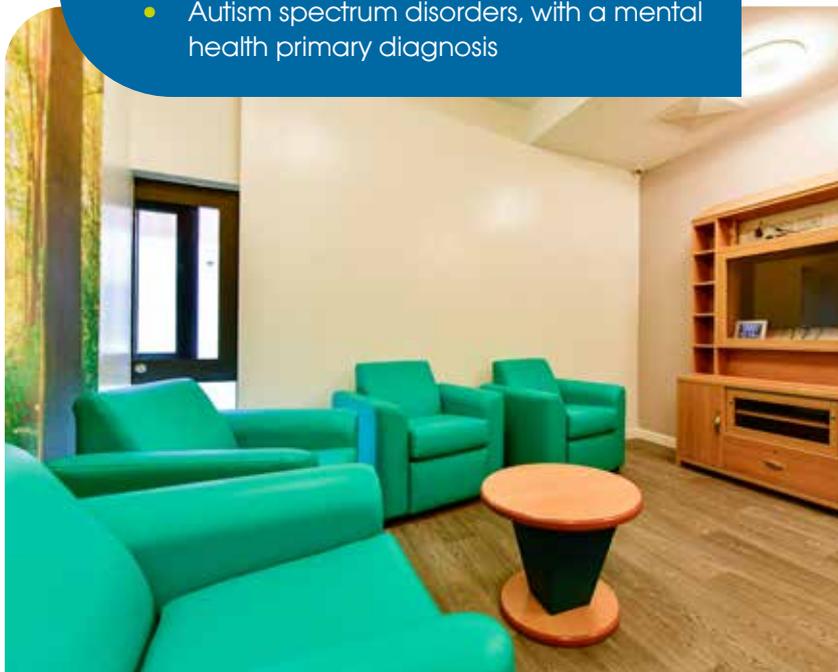
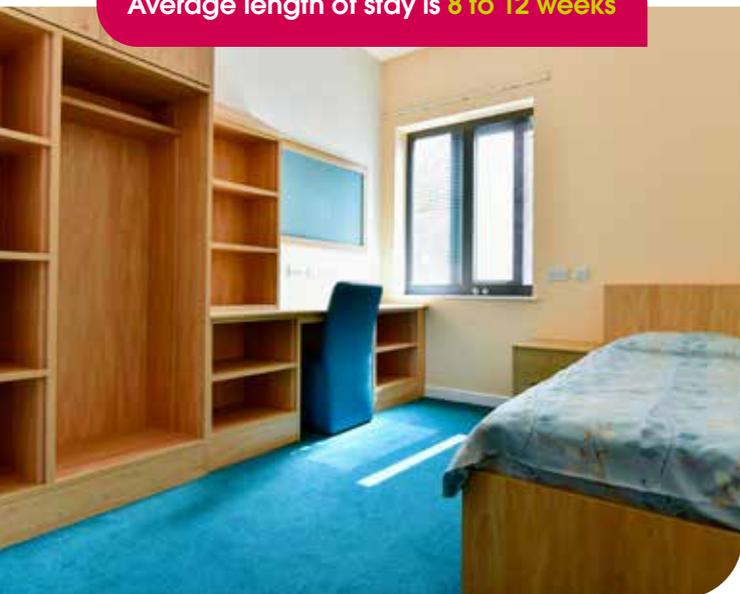
The ward is located on the ground floor and has a separate entrance to the outside of the building. This allows the service the ability to have an emergency place of safety suite for young people who are in crisis and are in need of an emergency admission. These individuals who are in crisis may not be subject to the Mental Health Act and may require an assessment.

Referrals will be accepted from all over the UK. We offer a rapid response system and aim to respond to referral requests within an hour of receiving adequate clinical information.

### Our service user profile:

- > Mixed gender, aged 12-18
- > Detained under the Mental Health Act or informal (emergency place of safety suite only)
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - Emerging personality disorder
  - Substance misuse – providing there is a primary diagnosis of a mental health problem
  - Emotional, social and behavioural difficulties
  - Borderline/mild learning disability as a secondary diagnosis
  - Autism spectrum disorders, with a mental health primary diagnosis

Average length of stay is 8 to 12 weeks



# Dragon Ward

## CAMHS Low Secure Service



Mixed Gender



12-18



12 beds

Opening  
Early 2021

Dragon Ward is a CAMHS low secure service for young people with complex mental health needs, which may include a co-morbid presentation of disordered eating.

The ward will support young people who may need a longer stay in an inpatient setting within a low secure environment. The service will focus on working with young people to understand their mental health, their risks and support their recovery, enabling them to be successfully discharged to a less restrictive environment and to reduce the possibility of relapse and likelihood of requiring a secure service in the future.

We are able to support individuals with a co-morbid presentation of disordered eating who may require naso-gastric (NG) tube feeding.

Average length of stay is 12 months



### Our service user profile:

- > Mixed gender, aged 12-18
- > Detained under the Mental Health Act
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - Emerging personality disorder
  - Substance misuse – providing there is a primary diagnosis of a mental health problem
  - Emotional, social and behavioural difficulties
  - Borderline/mild learning disability as a secondary diagnosis
  - Autism spectrum disorders, with a mental health primary diagnosis
- > Co-morbid presentation of disordered eating
- > Requires naso-gastric (NG) tube feeding



# Centaur Court

## Individual Flatlet Pods



Mixed Gender



12-18



5 flatlet pods

Opening  
Early 2021

**Centaur Court consists of 5 individual flatlet pods for young people that are stepping down from a hospital setting and are ready to trial independent living.**

There will be 5 community facing flatlet pods for young people that are stepping down from a hospital placement and are ready to progress to independent living. This will allow individuals to be supported by the Multi-disciplinary Team (MDT) within a community facing environment so that they can prepare for independent living.

We are also able to provide bespoke packages of care for young people who may struggle within a busy ward environment.



# Service user feedback and reviews from our other CAMHS services within Cygnet

“

Experience we have had with the hospital has been fantastic, they have always kept us informed with what's happening, the staff are very friendly and very helpful with any question we have needed answering. I cannot thank the hospital enough for the help they are giving to my daughter. Thank you to Cygnet Hospital Sheffield.

Parent of young person - Pegasus Ward, Cygnet Hospital Sheffield in Yorkshire & Humber

”

94%

are given choices or are involved in choosing the types of groups and therapies that are provided

87%

of individuals in our care feel safe during their stay with us

“

The staff at Wizard House are amazing. They all treat my daughter with respect and nothing is too much trouble for them. The kids have access to a kitchen and there is a nightly film in the cinema room. Communication is outstanding and I get a daily phone call with an update on my daughter's day. I am so please we got a bed here and can't recommend it enough.

Parent of young person - Wizard House, Cygnet Hospital Bury in Lancashire

”

“

Our son has been a patient on the Griffin Ward since late January 2020. His 'look on life' has improved immensely since then and believe this is down to the professional and helpful staff they have on hand, which is 24/7. The staff are also fantastic at putting the patient's loved ones at ease giving advice and comfort where possible. It was such a worrying time before he was admitted, no parent ever wants to see their son/daughter have problems with mental health and of course wanted the best help possible for our son. The care he has is the best we could ever have hoped for and the support we get from all the staff is wonderful. I take my 'hat off' to all the staff, especially the Griffin Ward. My only wish is that when our son is home, his carers come with him, as they have become part of our family.

Parent of young person - Griffin Ward, Cygnet Hospital Sheffield in Yorkshire & Humber

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80%

of young people feel better now than when they were admitted

97%

of young people feel staff are caring and supportive

# How to make a referral

For Mermaid Ward, our CAMHS PICU service:



We are able to take referrals 24 hours a day, 7 days a week. To make a referral please call **0808 164 4450** / email **chcl.referrals@nhs.net** or contact your regional Business Relationship Manager

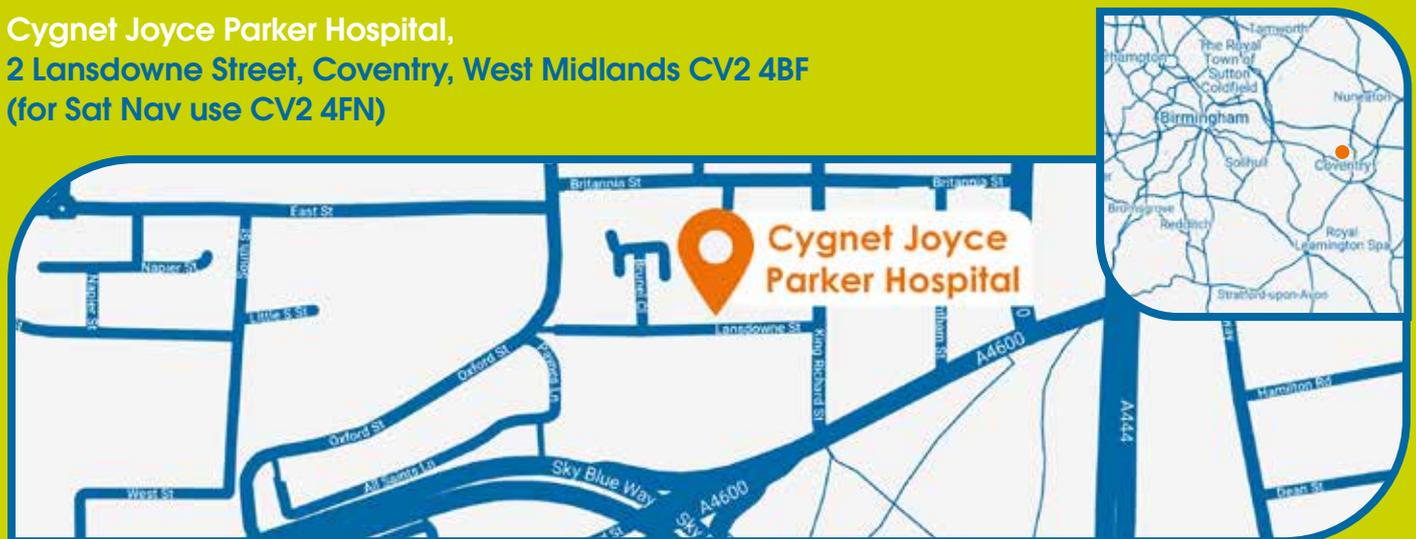


For Dragon Ward, our CAMHS Low Secure service and for Centaur Court, our Flatlet Pods:



## Where are we?

Cygnet Joyce Parker Hospital,  
2 Lansdowne Street, Coventry, West Midlands CV2 4BF  
(for Sat Nav use CV2 4FN)



[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)

