

Coronavirus

How to stay protected



Use tissues to catch coughs and sneezes, bin them then wash your hands



Wash your hands frequently using soap & water



Soap is most effective but use sanitiser if not available



Avoid touching your face, mouth and nose



Keep facial hair trimmed and long hair tied back



Wear short sleeves, don't wear a tie



Make sure you keep yourself hydrated



Disinfect on a 3hr rotation, using disinfectant spray



Spray all surfaces - stationery, keyboards, phones, hard surfaces etc.



Wash hands after using public transport



Avoid close contact where possible

Be vigilant. Be proactive. Keep our spaces clean.

Thank you for your cooperation and support.