

# Low Secure Child and Adolescent Mental Health Service (CAMHS) for Girls

## Buttercup Ward, Cygnet Hospital Bury, North-West

Buttercup Ward at Cygnet Hospital Bury is an 8 bed low secure service for females. The service can support individuals aged between 13 and 18 years old and offers a defined treatment pathway from admission, through to intervention and discharge.

The service can positively support girls who may need a longer stay in an inpatient setting within a low secure environment. It offers a care and treatment pathway for individuals who may have complex mental health issues and whose needs and risks are such they need to be supported in this environment. The service focuses on working with the girls to understand their mental health and their risks and support their recovery, enabling them to be successfully discharged to a less restrictive environment and to reduce the possibility of relapse and likelihood of requiring a secure service in the future.

The support and care is delivered through a multi-disciplinary team which includes a Consultant Psychiatrist, Clinical Psychologist, Nurses, Healthcare Assistant, Social Workers, Family Therapist and Speech and Language Therapist.



Female



13-18  
years



8 beds



### Our service user profile:

- > Girls, aged 13-18
- > Detained under the Mental Health Act
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - Emerging personality disorder
  - Substance misuse – providing there is a primary diagnosis of a mental health problem
  - Emotional, social and behavioural difficulties
  - Borderline/mild learning disability as a secondary diagnosis
  - Autism spectrum disorders, with a mental health primary diagnosis
- > May have a forensic history

## Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > Training kitchen to support skills development
- > On-site Ofsted registered school (Excel and Exceed Centre)



For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

## Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)**
- 2 Assessment arranged and undertaken via our management team within 5 working days
- 3 Feedback provided on whether our service can meet the service user's needs within 5 working days
- 4 Assessment pack formulated including care plans and funding information within 5 working days
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

**Cygnet Hospital Bury, Buller Street, Bury, North-West, BL8 2BS**



 @cygnethealth

 /cygnethealthcare

 /company/cygnet-health-care

[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)