

# Neuropsychiatric Service for Men

## Cygnet Pindar House, Barnsley

Cygnet Pindar House is a new 22 bed Neuropsychiatric care and treatment facility opening in February 2020 for men affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and long term placement to support and help manage the progression of their symptoms. This service will be able to accept unplanned, often urgent admissions where a service user requires a safe place to start treatment at the earliest possible time.

The hospital is a modern purpose built facility that has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

We are able to accept men with complex physical health needs and have en-suite bedrooms located on the ground floor for men with mobility impairments.

We provide a resource intensive in-house Neuropsychiatry inter-disciplinary team dedicated to the 22 service users at Cygnet Pindar House. Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.



Male



18+



22 beds

### Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > May have complex physical health needs
- > With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
  - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Dysphagia with or without the requirement of PEG support/modified diets
  - Moderate to severe cognitive impairment
  - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
  - Mobility impairments
- > Presenting Comorbidities may include:
  - Psychiatric disorders including psychoses
  - Complex epilepsy
  - Post-ictal psychosis
  - Organic personality disorder

## Our inter-disciplinary team:

- > Neuropsychiatrist
- > Psychologist
- > Occupational Therapist
- > Speech and Language Therapist
- > Physiotherapist
- > Clinical Hospital Manager
- > Therapy Coordinator
- > Nurses across RMN/RGN/RNLD disciplines
- > Support Workers
- > GP cover from local practice

## Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Communal lounge
- > Quiet lounge
- > Fully equipped gym
- > IT room
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms with hoists
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team

## Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community Reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

For more information or to make a referral please call 0808 164 4450 / email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net) or contact your regional Business Relationship Manager

## Our planned admission referral process:

Cygnets Pindar House can accept service users from a wide range of placements from across the United Kingdom, Great Britain and Ireland. Funding can be generated through NHS pathways e.g. Individual Funding Requests, Individual Placement Agreements, Continuing Health Care pathways, self-funding and medico legal funding.

- 1 Referral made to Cygnets referrals team via **0808 164 4450** / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net) or through your regional Business Relationship Manager
- 2 Assessment arranged and undertaken via our management team within 2 working days
- 3 Feedback provided on whether our service can meet the service user's needs within 2 working days
- 4 Assessment pack formulated including care plans and funding information within 3 working days
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

**Cygnets Pindar House**  
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[www.cygnethhealth.co.uk](http://www.cygnethhealth.co.uk)