

# Specialist PICU Service for Men

## Bearsted Ward Cygnet Hospital Maidstone, Kent



Male



18+



15 beds

Bearsted Ward is our 15 bed male PICU service at Cygnet Hospital Maidstone and accepts emergency and crisis admissions. Referrals will come to us from all areas, including acute and prison services. Our aim is a short, rapid intervention to help service users regain a sense of control and order in their lives, so they can move to a less restrictive care setting and ultimately return home.

The service provides expert, intensive, short-term, individualised care for service users detained under the Mental Health Act. Service users will present with increased risks that require them to be assessed and treated in a PICU environment.

To make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

We will respond within 1 hour of receipt of clinical information.

### Our service user profile:

- > Men, aged 18+
- > Detained under the Mental Health Act
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - Psychosis
  - Schizophrenia
  - Bi-polar disorder
  - Personality disorder
  - Dual diagnosis
- > May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues
  - Complex needs

