

Acute Service for Men

Highwoods Ward, Cygnet Hospital Colchester, Essex



Male



18+



19 beds

Highwoods Ward at Cygnet Hospital Colchester is our new 19 bed male acute service that is due to open in early September. The service will provide a safe and stabilising environment for men who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of our service is about assessing and treating service users in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we will support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team will work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

Our service user profile:

- > Men, aged 18+
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs

To make a referral please call
0808 164 4450 or email
chcl.referrals@nhs.net

We will respond within 1 hour of receipt of adequate clinical information.

1

Referral made to Cygnet referrals team via
0808 164 4450 /
chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding



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