

Neuropsychiatric Services for Men

Cygnet Grange & Cygnet Lodge, Nottinghamshire

Cygnet Grange and Cygnet Lodge are two individual 8 bedded Neuropsychiatric care and treatment facilities for those affected by acquired brain injuries. They both are a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntingdon's Disease, a caring and long term placement to support and help manage the progression of their symptoms.

Both services are registered as hospitals and are designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry inter-disciplinary team dedicated to the 16 service users across both services. Our person-centred approach puts the individual at the centre of their treatment and discharge planning. The services offer a wide range of activities and facilities to promote independent function. Positive behaviour goals are focussed on discharge planning to support service users to return to community living – either with support or independently.



Male



18+



16 beds across
2 hospitals

Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Frontotemporal Dementia
 - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Dysphagia with or without the requirement of PEG support/modified diets
 - Moderate to severe cognitive impairment
 - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
 - Mobility impairments
- > Presenting Comorbidities may include:
 - Psychiatric disorders including psychoses
 - Complex epilepsy
 - Post-ictal psychosis
 - Organic personality disorder

Our inter-disciplinary team:

- > Neuropsychiatrist
- > Psychologist
- > Occupational therapist
- > Speech and language therapist
- > Physiotherapist
- > Clinical hospital manager
- > Therapy coordinator
- > Nurses across RMN/RGN/RNLD disciplines
- > Support workers
- > GP cover from local practice

Our facilities:

- > En-suite bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > Onsite laundry facilities

Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

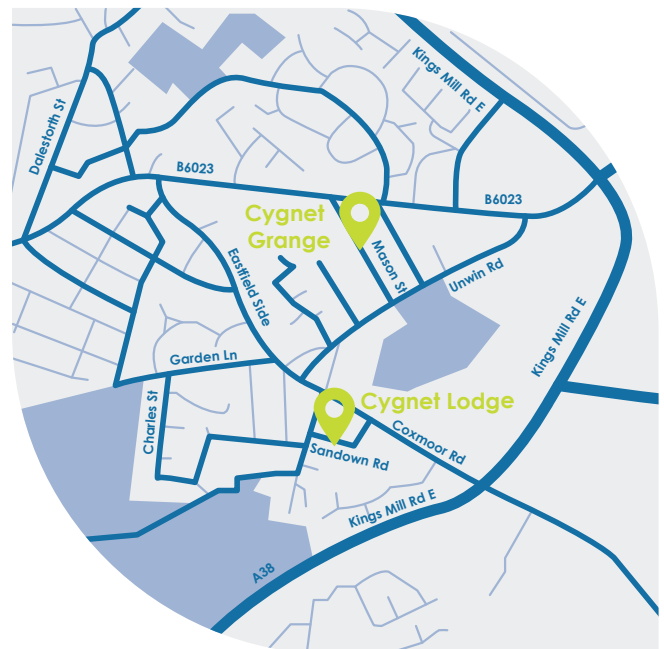
Our referral process:

Both services can accept service users from a wide range of placements from across the United Kingdom, Great Britain and Ireland. Funding can be generated through NHS pathways e.g. Individual Funding Requests, Individual Placement Agreements, Continuing Health Care pathways, self-funding and medico legal funding.

- 1 Referral made to Cygnet referrals team via **0808 164 4450** or via **chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team within 5 working days
- 3 Initial verbal feedback provided to referrer post assessment
- 4 Assessment pack formulated including generation of initial care plans focus and funding information
- 5 Admission agreed post funding confirmation and plans for a safe transition created with current treating team

**Cygnets Grange, 39-41 Mason Street,
Sutton-in-Ashfield, Nottinghamshire,
East Midlands, NG17 4HQ**

**Cygnets Lodge 2A Sandown Road,
Sutton-in-Ashfield, Nottinghamshire,
East Midlands, NG17 4LW**



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