

Neuropsychiatric Service for Men

Cygnet St William's, Darlington



Male



18+



12 beds

Cygnet St William's is a 12 bed Neuropsychiatric care and treatment facility offering those affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and long term placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose built facility which has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry interdisciplinary team dedicated to the 12 service users at Cygnet St William's. Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.



Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
 - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Dysphagia with or without the requirement of PEG support/modified diets
 - Moderate to severe cognitive impairment
 - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
 - Mobility impairments
- > Presenting comorbidities may include:
 - Psychiatric disorders including psychoses
 - Complex epilepsy
 - Post-ictal psychosis
 - Organic personality disorder

Our inter-disciplinary team:

- > Neuropsychiatrist
- > Psychologist
- > Occupational Therapist
- > Speech and Language Therapist
- > Physiotherapist
- > Clinical Hospital Manager
- > Therapy Coordinator
- > Nurses across RMN/RGN/RNLD disciplines
- > Support Workers
- > GP cover from local practice

Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team

Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community Reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions



For more information or to
make a referral please call
0808 164 4450 or email
chcl.referrals@nhs.net

Our referral process:

Cygnets St William's can accept service users from a wide range of placements from across the United Kingdom, Great Britain and Ireland. Funding can be generated through NHS pathways e.g. Individual Funding Requests, Individual Placement Agreements, Continuing Health Care pathways, self-funding and medico legal funding.

- 1 Referral made to Cygnets referrals team via **0808 164 4450 / chcl.referrals@nhs.net**
- 2 An assessment is arranged and undertaken within 5 working days
- 3 Initial verbal feedback provided to referrer post assessment
- 4 Assessment pack formulated including generation of initial care plans focus and funding information
- 5 Admission agreed post funding confirmation and plans for a safe transition created with current treating team

**Cygnets St William's, Cornwall Avenue,
Darlington, County Durham, DL1 2LJ**

