

# Specialist Residential Service for Adults with Learning Disabilities

## Woodrow House, Stockport



Mixed  
Gender



17+



9 beds in 1 living unit  
and 5 self-contained  
apartments

**Woodrow House is our new community specialist residential home providing outcome focused care for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.**

Woodrow House offers a nine bed home that consists of five self-contained apartments configured to meet the needs of the residents in single occupancy or a four bed home with communal living areas.

We offer personalised accommodation with spacious communal areas, an enclosed outdoor garden and easy access to local amenities.

Located in the suburbs of Heaton Moor in Stockport, the home is within close proximity to local services and amenities, including major transport links.

Ongoing assessment and high staffing levels means that we are able to meet the changing needs of service users as they progress through their care pathway, while ensuring their safety is maintained and their independence supported. Our part-time multidisciplinary team includes speech and language therapy, occupational therapy, psychology and psychiatry.

The management and staff team have comprehensive training, including all mandatory training and bespoke training specific to the needs of the residents, this includes CIS, Safeguarding, food safety, first aid, MAPA, autism, mental health, mental capacity and record keeping.

We ensure day-to-day practice is embedded in an overarching framework of support whereby the whole team around the person consciously takes into account the interaction, communication and flexibility of each individual we support.

We provide a comprehensive individually tailored care / support plan that is proactively delivered by the whole staff team in an integrated, systematic and consistent manner.

### Our resident profile:

- > Adults, aged 17+
- > Primary diagnosis of learning disability accompanied with challenging behaviour including mental illness, co-morbid substance misuse or a forensic background
- > May have autism or Asperger's syndrome requiring highly structured and / or modified stimuli environments
- > We do not accept people detained under the Mental Health Act
- > We support people on the following sections: 7 (Guardianship), 17 (Planned/authorised leave), 117 (Aftercare arrangements), 25 (Supervised discharge) and a Community Treatment Order (CTO) or DoLS



## Our approach:

Our services are dedicated and structured to ensure that each person enjoys the same right to a happy and fulfilled life regardless of their level of support.

Each individual in our care begins an inclusive and personalised pathway of support from the point of access designed to support them to develop the necessary skills to experience or maintain their optimal level of independence.

We aim to develop and nurture the best 'team around the person' to ensure each individual's success including ensuring friends and family are equal partners with the professionals we employ to:

- Ensure meaningful user involvement by working inclusively, collaboratively and in genuine partnership.
- Nurture positive interpersonal relationships so that everyone is treated with fairness, respect and dignity.
- Support individuals in fulfilling their potential and achieving a meaningful life.
- Ensure objectives for care and support and positive outcomes are at the forefront of care planning from the outset.
- Enable individuals to become full citizens in their community, regardless of their learning disability, complex needs and behaviours labelled as challenging.

## Our community links:

- Reddish Vale Country Park
- Heaton Moor Park
- Local pubs & restaurants
- Cinema
- The Heatons Library

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[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)



For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

## Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450 / chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the service user's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

**Woodrow House,  
1 Brownsville Road, Stockport,  
Cheshire, SK4 4PE**

