

Cygnet Hospital Coventry





Cygnets Hospital Coventry provides an all-female specialist mental health service with 56 beds. Services include a psychiatric intensive care unit (PICU), a highly specialised personality disorder service also catering for those with dual diagnosis disordered eating, and a locked rehabilitation unit.

Mirroring the successful services offered by Cygnet's 21 hospitals across England, Cygnet Hospital Coventry offers high quality, outcome focused and service-user centred services for women aged over 18.

Personality Disorder Services (with Dual Diagnosis Disordered Eating) at Cygnet Hospital Coventry

As a national provider of specialist mental health services, Cygnet offers a wide range of services specifically designed to support those affected by personality disorder, and this experience and expertise is reflected at Cygnet Hospital Coventry.

Throughout our national network of hospitals, Cygnet has more than 110 highly specialised personality disorder beds for men and women including those in medium and low secure settings, and Tier 4 services and the high quality and specialist services is replicated at Cygnet Hospital Coventry, within a CCG funded service.

This ward offers a therapeutic environment for women aged over 18, developing individualised care plans with a focus on outcomes and the service offers a range of therapeutic interventions including Dialectical Behavioural Therapy (DBT) and Schema Focused Therapy.

It also offers a specialist service for individuals with co-morbid disordered eating. Women with this dual diagnosis can often be hard to place and treat as many existing services across the country either focus on the personality disorder or the eating disorder. Both aspects can be treated simultaneously at Cygnet Hospital Coventry, with the appropriate specialist therapeutic input.

Transitional living units

There are 7 step down flatlets that provide the opportunity to safely test out independent living skills prior to re-integration into the community. These sit outside of the ward environment with their own access.

Although there is a communal area, each unit is self-contained with its own facilities for self-catering and laundry and staff support can be tailored according to individual need. They offer the option of an extension to the care pathway and help to ensure a greater chance of success upon discharge as individuals move through their programme of rehabilitation.

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Psychiatric Intensive Care Services at Cygnet Hospital Coventry

Cygnet has more than 200 beds across our intensive care and acute network and our service at Cygnet Hospital Coventry provides the same high quality and effective assessment, treatment and support in its PICU service.

We offer a one hour response time to referrals, with a decision on a placement no more than an hour after we receive adequate clinical information. Cygnet Coventry provides, as do all of our PICU services, 24-hour medical cover and admissions can occur throughout the 24 hour day.

The service sees information sharing and open communication as key – as well as a daily bed availability communication for bed managers, the team at Cygnet Hospital Coventry also provide full weekly reports on service users, keeping those who commission services up to date on progress and next steps.

Cygnet Hospital Coventry focuses on ensuring that service users move as quickly as possible to the most appropriate and least restrictive environment whilst avoiding the need for re-admission. Within Cygnet Hospital Coventry there is the option to step down through the pathways available into our locked rehabilitation service, should this be therapeutically beneficial.

The service aims to prepare all service users for discharge straight back to their community under the care of the community mental health team, or to the least restrictive environment appropriate to meet their individual needs.

Our aim is always to offer value-led, cost effective services which quickly meet the needs of people with very complex and acute mental illness.



Locked Rehabilitation Services at Cygnet Hospital Coventry

Offering a step down from secure services, or for direct admissions, Cygnet Hospital Coventry provides locked rehabilitation services where individuals can prepare for more independent living in the community. The service bridges the gap between hospital and community living and offers extensive engagement and therapy for people to help them enhance their daily living skills and become as independent as possible.

This service can support both detained and informal service users, working alongside community mental health teams, clinical commissioning groups and other relevant NHS authorities.

With access to an extremely wide range of therapies, we develop tailor-made rehabilitation programmes in collaboration with carers and local teams. We provide regular updates to referrers and care co-ordinators.

Offering excellent care and support for women who require immediate stabilisation

Who can Cygnet Hospital Coventry support?

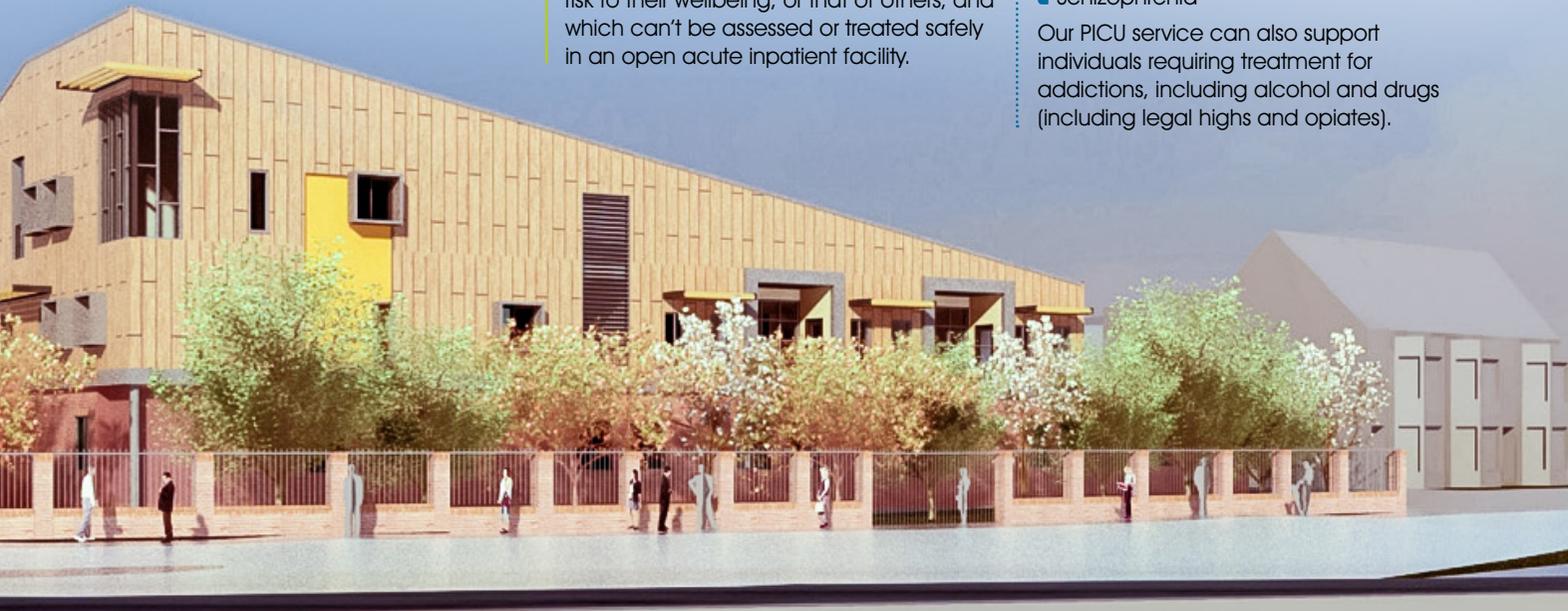
The hospital can offer excellent care and support for women who require immediate stabilisation to manage their mental health, and also for those who have a diagnosis of personality disorder or those who require a period of rehabilitation, all within a single sex and specialist environment.

The service can support those detained under an appropriate Section of the Mental Health Act / Order and those experiencing difficulties which present a risk to their wellbeing, or that of others, and which can't be assessed or treated safely in an open acute inpatient facility.

Cygnet Hospital Coventry can support individuals experiencing difficulties due to a range of conditions including:

- Psychosis
- Acute Depressive illness
- Personality Disorder
- Self-harm
- Dual diagnosis
- Acute mental illness
- Bi-polar disorder
- Schizophrenia

Our PICU service can also support individuals requiring treatment for addictions, including alcohol and drugs (including legal highs and opiates).



Meet the Manager

The hospital is led by Richard Clark as Hospital Manager. Richard has almost 20 years' experience of working in mental health services, beginning his career as an Occupational Therapist and in positions including ward manager, clinical services manager and hospital director.

Professionals are welcome to visit the hospital.

To find out more contact:

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