Child and Adolescent Mental Health Services
Tier 4 Acute and PICU Adolescent Services
The services are welcoming and nurturing and can support young people aged 12 to 18.
Introduction

Cygnet Health Care offers a range of specialist Child and Adolescent Mental Health Services (CAMHS) focused on supporting young people aged between 12 and 18 in Tier 4 Acute and Psychiatric Intensive Care environments. The aim of our CAMHS services at Cygnet is to help young people stabilise and return home as soon as possible.

Our services support young people aged up to 18 who are experiencing a variety of acute and complex mental health problems, in a welcoming and nurturing environment.

We can support young people with a diagnosis of:
- Psychosis
- Self-harm and/or suicidal ideation
- Depression or anxiety
- Emerging personality disorder
- Eating disorder
- Substance misuse – providing there is a primary diagnosis of a mental health problem
- Emotional, social and behavioural difficulties
- Borderline/mild learning disability as a secondary diagnosis
- Autism Spectrum Disorders

Young People

We can support young people who are either detained under the Mental Health Act or admitted on an informal basis.

Young people with a history of offending, who also have a diagnosis of a mental health issue, may also be helped by our services.

Tier 4 General Acute CAMHS

These services are offered at:
- Cygnet Hospital Godden Green
- Cygnet Hospital Bury*
- Cygnet Hospital Sheffield*

These services are provided for young people aged up to 18 with a range of mental disorders associated with significant impairment and/or significant risk to themselves or others, such that their needs cannot be safely and adequately met by community Tier 3 CAMHS or specialist education facilities. This includes young people with mild learning disability or autism spectrum disorders who do not require Tier 4 CAMHS Learning Disability Services.

Tier 4 Psychiatric Intensive Care Unit (PICU) CAMHS

Three of our hospitals offer PICU services:
- Cygnet Hospital Bury*
- Cygnet Hospital Sheffield*
- Cygnet Hospital Woking*

These services provide for young people primarily referred from CAMHS Acute Services who, in the context of a severe mental illness, exhibit a high level of risk which cannot be safely managed in a CAMHS General Adolescent Unit, and where the level of risk is not of a persistent nature that would require longer term care in a secure environment.

*Operating as Alpha Hospitals until further notice.
Around 70% of young people leaving our inpatient service are discharged home.
Full Education Programme
At all sites, there is an educational programme in place, so that young people can continue their education at the same time as receiving treatment.

Referrals and Admissions
Referrals are accepted from all over the UK, many of which are emergency admissions. We offer a rapid response system, and aim to respond to referral requests within an hour of receiving appropriate clinical information.

Support and Outcomes
Around 70% of young people leaving our inpatient services are discharged home, indicating a successful outcome. Patient satisfaction scores for care programmes and staffing exceed 80%, showing that service users value our service.

Young people stay with us for, on average, between two and three months. Wards are supported by a full and diverse Multi-Disciplinary Team including a specialist Consultant Psychiatrist, clinical psychologists, BACP registered therapists, nurses, healthcare assistants, social workers and others.

We are part of the QNIC peer review network.

Facilities and Activities
Our CAMHS services provide a range of activities including extensive community access and have a wide variety of links to local recreational facilities.

All bedrooms are en-suite and single. We provide a variety of social, recreation and activity spaces for young people to access, as well as training kitchens for learning and developing skills. Other facilities include outdoor sports areas.
Patient satisfaction scores for care programmes and staffing exceed 80%
Services
NHS England Funded Services
1 2 3 4
Tier 4 CAMHS PICU
Tier 4 CAMHS Acute

Find us
1 Cygnet Hospital Godden Green Kent 01732 763491
2 Cygnet Hospital Woking* Surrey 01483 795133
3 Cygnet Hospital Bury* Greater Manchester 0161 7627250
4 Cygnet Hospital Sheffield* South Yorkshire 0114 2793346

*Still trading as Alpha Hospitals from 19th August 2015 for a defined time period