

WEEK ONE

MONDAY

TEA MENU

1 Garlic bread

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Penne pasta with tomato & fresh chillies

5 Pan fried liver & onions with crushed potatoes

Choose from 3, 4 or 5

6 Fruit crumble & custard

7 Coconut flapjack

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK ONE

TUESDAY

TEAMENU

1 Seafood salad

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Steak pie with new potatoes & vegetables

5 Baked cauliflower & broccoli cheese

Choose from 3, 4 or 5

6 Mince pie ice cream

7 Fresh strawberries & single cream

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK ONE

WEDNESDAY

TEAM MENU

1 Cajun chicken wings

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Hot roast pork bap with hash browns

5 Spanish omelette with tomato & onion salad

Choose from 3, 4 or 5

6 Semolina with plum compote

7 Apple & cinnamon Danish swirl

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK ONE

THURSDAY

TEAMENU

1 Goats cheese & tomato on toast

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Stuffed peppers with savoury rice & tomato sauce

5 Turkey casserole with parsley mash

Choose from 3, 4 or 5

6 Chocolate rice pudding

7 Banoffee pie

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK ONE

FRIDAY

TEAM MENU

1 Vegetable samosas

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Lamb madras served with basmati rice

5 Quorn burger & spicy ketchup with oven chips

Choose from 3, 4 or 5

6 Chocolate & toffee ripple ice-cream

7 Fresh pineapple

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK ONE

SATURDAY

TEA MENU

1 Melon & prawns

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Cauliflower curry with warm pitta bread

5 Cajun chicken with lemon & garlic couscous

Choose from 3, 4 or 5

6 Eves pudding & custard

7 Exotic fruit salad

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK ONE

SUNDAY

TEAM MENU

1 Creamed garlic mushrooms

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Bacon & sausage baguette

5 Duck spring rolls with a spicy plum dip

Choose from 3, 4 or 5

Fresh fruit, yogurts & snacks available

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

MONDAY

TEAM MENU

1 Tomato & mozzarella bread

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Cheese & onion pasty with homemade baked beans

5 Barbequed pork ribs with corn cobs

Choose from 3, 4 or 5

6 Banana cake

7 Fruit yogurt

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

TUESDAY

TEAMENU

1 Melon & berry coulis

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Chicken a la king with buttered rice

5 Eggs Florentine with cheese on toast

Choose from 3, 4 or 5

6 Winter berry mousse

7 Lemon & raisin flapjack

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

WEDNESDAY

TEAM MENU

1 Chinese chicken wings

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Lamb & Potato pie with vegetables

5 Stuffed tomato with fried vegetables & feta cheese

Choose from 3, 4 or 5

6 Coffee choux bun

7 Strawberry jelly

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

THURSDAY

TEAMENU

1 Vegetable samosas

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Beef Rogan josh with chips

5 Haddock & leek pie with cheddar mash

Choose from 3, 4 or 5

6 Apple crumble with custard

7 Cheese & biscuits

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

FRIDAY

TEAM MENU

1 Cheese on toast

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Seared liver with bubble & squeak & crispy bacon

5 Pizza margarita with salad bar

Choose from 3, 4 or 5

6 Mincemeat Danish pastry

7 Coconut ice cream

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

SATURDAY

TEAM MENU

1 Lime & coriander marinated squid salad

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Goats cheese, tomato & pesto bruschetta with salad

5 Chicken & bacon pie with sweet corn & new potatoes

Choose from 3, 4 or 5

6 Chocolate chip cookies

7 Toffee & banana Eton mess

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK TWO

SUNDAY

TEA MENU

1 Tomato & mozzarella salad

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Honey roast ham floury bap with soft boiled egg

5 Quesadilla with tomato salsa  
(stuffed cheese & onion tortilla)

Choose from 3, 4 or 5

Fresh fruit, yogurts & snacks available

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

MONDAY

TEAM MENU

1 Tandoori chicken thigh

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Corned beef hash with mixed vegetables

5 Cumberland sausage with parsley mash & gravy

Choose from 3, 4 or 5

6 Plum crumble & custard

7 Cheese & biscuits

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

TUESDAY

TEAMENU

1 Garlic bread

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Breaded fish with chips & mushy peas

5 Pasta Carbonara  
(Smoked bacon, cream & parmesan)

Choose from 3, 4 or 5

6 Cherry bakewell tart

7 Fruit salad

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

WEDNESDAY

TEA MENU

1 Crispy whitebait with lemon mayonnaise

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Pork loin chop with new potatoes, carrot & Swede puree

5 Vegetable lasagne with wedges

Choose from 3, 4 or 5

6 Egg custard tart

7 Homemade chocolate brownie

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

THURSDAY

TEAMENU

1 Salmon mousse with Melba toast

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Veggie burger with bean salad

5 Chicken tikka masala with steamed rice

Choose from 3, 4 or 5

6 Apple pie & custard

7 Fresh fruit yogurt

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

FRIDAY

TEAM MENU

1 Spicy polenta & chick pea patties

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Vegetable goulash

5 Sweet & sour pork Hong Kong style

Choose from 3, 4 or 5

6 Rice pudding & berry spring roll

7 Homemade cherry flapjack

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

SATURDAY

TEAM MENU

1 Vegetable pancake roll

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Penne pasta with mushrooms & parmesan cheese

5 Cottage pie with seasonal vegetables

Choose from 3, 4 or 5

6 Strawberries with oat crumble & honey yogurt

7 Baked blueberry cheesecake

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK THREE

SUNDAY

TEAM MENU

1 Hot wings

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Cajun chicken & lime mayonnaise baguette

5 Vegetable chilli & couscous

Choose from 3, 4, or 5

Fresh fruit, yogurts & snacks available

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

MONDAY

TEA MENU

1 Minted melon

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Veggie burger topped with brie & served with three bean  
Salad

5 Chicken & leek pie with cauliflower cheese

Choose from 3, 4 or 5

6 Lemon & lime tart

7 Fresh fruit salad

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

TUESDAY

TEA MENU

1 Goats cheese & herb toasts

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Lemon and herb crusted salmon, new potatoes & peas

5 Curried chicken pasty with salad

Choose from 3, 4 or 5

6 Chocolate cream cake

7 Cheddar & biscuits

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

WEDNESDAY

TEAM MENU

1 Fruit cocktail

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Chicken Milanese & lemon with salad bar

5 Broccoli quiche & salad bar

Choose from 3, 4 or 5

6 Tiramisu

7 Bakewell tart ice cream

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

THURSDAY

TEAM MENU

1 Prawn cocktail

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Lamb steaks with crushed thyme potatoes & carrots

5 Brie & onion marmalade baguette with salad

Choose from 3, 4 or 5

6 Brown bread ice cream

7 Passion fruit, orange & blueberry fool

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

FRIDAY

TEAMENU

1 Devilled kidneys

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Steak & mushroom pie, new potatoes & cabbage

5 Vegetable strudel with stilton sauce

Choose from 3, 4 or 5

6 Homemade oat & raisin cookie

7 Mixed yogurt

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

SATURDAY

TEA MENU

1 Melon, orange & black grapes

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Pork chops with mustard seed sauce & spinach hash potato

5 Leek & tomato risotto with smoked cheese

Choose from 3, 4 or 5

6 Chocolate orange flan with chantilly cream

7 White chocolate cookie

Choose from 6 or 7

Order sheets must be handed in to the kitchen by 9am for the following day

WEEK FOUR

SUNDAY

TEAM MENU

1 Vegetable samosas

2 Fresh fruit juice

Choose from 1 or 2

3 Jacket Potato with choice of filling & salad bar  
(Cheese, tuna, beans)

4 Chicken Kiev with florets of cauliflower and broccoli

5 Mozzarella, vine tomato & pesto baguette with mixed leaves

Choose from 3, 4 or 5

Fresh fruit, yogurts & snacks available

Order sheets must be handed in to the kitchen by 9am for the following day