



Cygnet Hospital Harrow
London Road, Harrow on the Hill, Middlesex HA1 3JL

You are invited to an informal open day at

THE SPRINGS CENTRE, CYGNET HOSPITAL HARROW

FRIDAY 14TH AUGUST, 2009

10.30 a.m.-3.00 p.m.

A buffet lunch will be provided from 11.30

An opportunity to tour the building and see the accommodation and facilities on offer and talk to nursing staff and consultants about the service

The Springs Centre

The Springs Centre is a 5-bed step down unit adjacent to the Springs Unit on the first floor of Byron Ward, Cygnet Hospital Harrow. The centre is for adult males with Asperger Syndrome and High Functioning Autism, or other developmental disorders associated with difficulties with social understanding and behaviour (e.g. schizoid personality disorder). Patients will have a history of challenging behaviour and/or forensic presentations, but will be in a phase of their treatment requiring intensive rehabilitation to optimise their ability to function in the community independently. The service will also be used as a 'move on facility' for patients currently on the Springs Unit to facilitate their transition to more independent living. Suitable clients from other services NHS or Independent providers or direct from the community will be accepted.



The service is staffed 24hrs a day, 7-days a week. Care will be delivered by an experienced multi disciplinary team.

Admission Criteria

The client group for the Springs Centre will be low risk with varying functional needs, but may have a history of higher risk behaviours.

They will be males between the age of 18 and 65 years old who have a diagnosis of AS or HFA, or developmental disorder affecting social behaviour (there will be some flexibility regarding the definitive diagnosis as diagnostic confirmation will be part of the role of the service)

Prospective clients may also have complex mental health needs; however their current risk profile must be low.

There may be a forensic history.

They may be detained under the MHA or informal / voluntary status.

They would be clients that would benefit from a structured, intensive rehabilitation programme.



Clients must have a readiness to engage with rehabilitation, whilst recognising that this capacity can also be developed with the help of a skilled Multidisciplinary Team.