

**SOUTH EAST
FORENSIC OCCUPATIONAL THERAPY
PEER SUPPORT GROUP**

PROGRAMME

Friday 9th April, 9.00am – 4.00pm

Cygnet Hospital Stevenage
Herts SG1 4YS

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|---------------|--|
| 9.00 – 9.30 | Meet and greet with tea and coffee |
| 9.30 – 9.45 | Introduction to Cygnet Hospital
(Anne Benfield, Clinical manager female services, Cygnet Hospital) |
| 9.45 – 10.15 | Work: Is it worth getting out of bed for?
(Sarah Lewis OT & Simon Black OT, Cygnet Hospital) |
| 10.15 – 11.00 | Horticulture in secure settings
(Damien Newman, Thrive) |
| 11.00 – 11.30 | Tea and Coffee |
| 11.30 – 12.30 | Idea Swap Slot
This is a great opportunity to swap and share ideas and improve links between OT's across forensic services and plans for CPD and training opportunities. This is also the chance to bring any problems to discuss with the group, share what is working well with your unit and seek other people's ideas for improving your service. |
| 12.30 – 13.30 | Lunch |
| 13.30 – 14.30 | Psychoanalytic thinking in OT
(Siobhan Wells & Venus Kan, Broadmoor Hospital) |
| 14.30 – 15.30 | Tour of gym, multi-gym rooms and therapy area including ADL kitchen, Hospital Shop, Art room and Class room. |
| 15.30 – 16.00 | Finish |

Please note – lunch and refreshments will be provided during the day.

If you are interested in attending, please contact Sarah Lewis on 01438 342942
or via email: sarahlewis@cygnethealth.co.uk

For information and directions to the hospital please access the following link:
<http://www.cygnethealth.co.uk/referrers/hospitals/stevenage/visitors.html>

RESTRICTED / PROHIBITED ITEMS

(ALL visitors and staff)

Introduction:

All patients, staff and visitors are entitled to expect that Cygnet Hospital Stevenage will provide a safe and secure environment whilst they are within the building.

To aid with this, the decision has been made to restrict/ prohibit the items listed below;-

- **Alcohol**
- **Aerosols**
- **Any sharp instruments or tools**
- **Batteries**
- **Camera Phones / Cameras / Video Cameras / Binoculars**
- **Canned drinks or canned food**
- **Plastic bags or cling film**
- **Chewing gum / Blue tac**
- **Cigarettes or tobacco products (unsealed)**
- **Cutlery (including plastic)**
- **Detergents (including bleach)/ cleaning products**
- **Mobile phones, audio & video recording equipment**
- **Firearms or imitation firearms**
- **Gardening tools / implements**
- **Glass or bottles of any description**
- **Illicit substances**
- **Keys**
- **Knives/ blades of any kind**
- **Lighters / matches / lighter fuel & pressurized canister**
- **Liquids (harmful / corrosive and / or flammable liquids)**
- **Metal coat hangers**
- **Manicure sets / nail files**
- **Needles & Pen devices for injecting Insulin (must be agreed by relevant manager)**
- **Needles for knitting / sewing**
- **Medicines**
- **Pornographic material**
- **Razor blades / disposable razors / scissors / steel combs**
- **Solvents**
- **Umbrellas**
- **Shower scrunchies**
- **Wires, string, ropes or cords etc**

This list is not exhaustive.

Items other than those listed above that are brought into the Hospital may be assessed as being potentially compromising to the security of the Hospital or to the safety of staff and patients. In instances such as this, these items will be removed by Hospital staff and stored in lockers for the duration of the visit.

Any item felt to be illegal or to pose a serious threat to patients, staff or visitors may be given to the police if deemed appropriate.