

# Booking Form

## Behind Closed Doors: Nursing in a Secure Setting

**DATE:**  
Tuesday 5th October 2010

**VENUE:**  
Kingsway Hall Hotel  
66 Great Queen Street, London WC2B 5BX

**How to Book**  
Fax: 020 8991 0440  
Tel: 020 8810 2597  
email: karentopping@cygnethealth.co.uk

Post this form to: **Karen Topping**, Cygnet Health Care,  
22 Corfton Road, Ealing, London W5 2HT

### YOUR DETAILS

*(Please complete this section for each delegate. Photocopies are acceptable)*

Dr Mr Mrs Ms (please circle) Other: .....

First Name: .....

Surname: .....

Job Title: .....

Department: .....

Organisation: .....

Address: .....

.....

Postcode:.....

Tel: .....

Fax: .....

Email: .....

Please state dietary requirements

.....

I agree to the terms and conditions as stated at the bottom of the page

Name: .....

Signed: .....

Date: .....

**VENUE** – Kingsway Hall Hotel, London

*A map of the venue will be sent with confirmation of your booking.*

**DATE** –Tuesday 5th October 2010

### DELEGATE RATES

*(For group rates please contact the organiser on 020 8810 2597)*

Delegate rate / Non-RCN Member – quantity..... @ £120

RCN Member – quantity ..... @ £100

RCN Number .....

Conference Papers..... £30

### PAYMENT

**By Cheque** A cheque for £.....is enclosed  
Please make cheques payable to: **Cygnet Health Care**

**By Invoice** Please send invoice to

Name (In Block Capitals): .....

Position: .....

Organisation: .....

Address: .....

.....

Postcode: .....

**A £10 booking fee will be added to all invoiced bookings**

Purchase number .....

Name of Organisation/PCT/Trust making Conference

Payment:.....

### By BACS

Acc. Name: Cygnet Health Care Bank: Nat West

Acc. No: 40444597 Sort Code: 56-00-60 Quote: CDEV BCD

with your Name, Company and booking reference.

Please also send a copy of this form to the address above

Please select which 2 workshops you would like to attend: Session 1 (14:30-15:10pm) Session 2 (15:30 - 16:10pm)

1) SUICIDAL BEHAVIOUR – SUICIDE TOOLKIT.....Session 1  Session 2

2) THE HEALING ENVIRONMENT.....Session 1  Session 2

3) PRISON MENTAL HEALTH –  
TRANSFER OR SHARING THE LOAD?.....Session 1  Session 2

4) DELIVERING QUALITY IN  
PRISON MENTAL HEALTH.....Session 1  Session 2

5) MANAGING SEXUALITY IN  
SECURE ENVIRONMENTS.....Session 1  Session 2

### How did you hear about the conference?

Conference Mailing

Word of Mouth

Online (please state which website)  .....

Other.....

### Conference fees

The fee includes lunch, refreshments and conference materials.

*Please note accommodation is not included*

### Conference papers

Conference papers will be sent out a week after the conference

Please fill in the your details section

### Group Discounts

Group discounts are available, please call 020 8810 2597 for more information

### Confirmation of booking

When booking please wait for written confirmation before travel

### Terms and conditions

All cancellations will be subject to a £40 administration fee, if received in writing by the 10/09/2010. We regret that any cancellations after this date cannot be refunded, but substitute delegates are welcome at any time.

Cygnet Health Care take no responsibility for non-refundable travel/accommodation in the case of a changed programme or cancelled event. Cygnet Health Care reserves the right to make changes to the programme, speakers or venue should this become necessary

### Payment

30 days either from date of invoice or before the conference (whichever is sooner). Payment must be received prior to the conference.

If you do not wish to receive further information from Cygnet Health Care, please tick here

Cygnet Health Care and the  
Royal College of Nursing present a 1 day conference

# Behind Closed Doors: Nursing in a Secure Setting

Date: Tuesday 5th October 2010

Venue: Kingsway Hall Hotel, Central London



CONFERENCE HIGHLIGHTS INCLUDE PRESENTATIONS FROM:

- **Dame Christine Beasley**, Chief Nursing Officer for England
- **Service User Expert**, Quality Network for Forensic Mental Health Services
- **Dr Ben Thomas**, Head of Mental Health and Learning Disabilities Nursing, Department of Health
- **Malcolm Rae OBE**, Inpatient Mental Health Lead, NIMHE
- **Liz Allen**, Programme Lead, MSU Policy Care Pathways, Department of Health

*Image courtesy of the Koestler Trust, prison arts charity*

# Behind Closed Doors: Nursing in a Secure Setting

DATE: Tuesday 5th October 2010

VENUE: KINGSWAY HALL HOTEL  
66 GREAT QUEEN STREET, LONDON WC2B 5BX

## ABOUT THE CONFERENCE

This conference is aimed at all clinicians and commissioners who work in secure mental health settings with a clear emphasis on the nursing profession. The speakers and workshops will engage, inform and inspire staff at all levels with up-to-date guidance and knowledge to take back to the workplace.

Key speeches from Dame Christine Beasley and our conference Chair, Dr Ben Thomas, will set the scene for the event, followed by expert presentations on relational security, management of violence, inpatient suicide and an expert service user who will contribute with his experience to date.

The afternoon session offers delegates the opportunity to attend 2 workshops. Each workshop shall be repeated twice giving delegates a greater choice from the wide variety of topics, ranging from discussions on mental health provision in prisons, managing of difficult behaviours and relationships, and the creation of a healing environment.

Refreshment breaks will allow time for delegates to experience an art exhibition provided by the Koestler Trust, the UK's best-known prison arts charity who have been awarding and exhibiting artworks by offenders, detainees and secure patients for 47 years.

## AIMS OF THE CONFERENCE

The conference aims to improve each delegate's knowledge and enhance their practical workplace skills.

The event will provide a forum for the delegates to engage in open debate about the controversies regarding the role of nursing in secure mental health services through panel discussions. It is hoped that delegates will have a chance to challenge their own beliefs and hear a variety of views from the conference speakers and other delegates.

### Delegates attending the conference should gain an understanding of:

- The latest relational security guidelines
- The management of violence and suicide within secure settings through hearing of others experiences and successes
- The key issues facing all involved in secure mental health nursing

## WHO SHOULD ATTEND?

Directors of Nursing, Ward Managers, Nurse Consultants Team Leaders, Senior Nurses, Managers of Forensic Services, Prison In-reach Nurses, Prison Healthcare Nurses, Forensic Case Managers, SCG nurses and other specialist commissioners

## MORNING

**09:00**  
REGISTRATION AND EXHIBITION

**09:40**  
OPENING ADDRESS AND  
SETTING THE SCENE  
**Dr Ben Thomas, Chair for the day**  
*Head of Mental Health and Learning Disabilities Nursing,  
Department of Health*

**KEYNOTE SPEAKER**  
**10:00**  
THE NATIONAL AGENDA AND  
EFFECTS FOR NURSES  
IN SECURE SETTINGS  
**Dame Christine Beasley**  
*Chief Nursing Officer for England*

**10:40** – Questions and Answers from the floor  
**Ben Thomas and Christine Beasley**

**11:00** – Coffee Break

**11:30**  
RELATIONAL SECURITY – THE GUIDANCE  
**Liz Allen**  
*Programme Lead, MSU Policy Care Pathways,  
Department of Health*

**12:00**  
GPRS PATIENT TAGGING PILOT  
**David Hearn**  
*Security Team Leader  
South London and Maudsley NHS Foundation Trust*

**12:20**  
SUICIDE PREVENTION –  
CONTEMPORARY CONCERNS  
AND DILEMMAS  
**Malcolm Rae OBE**  
*Inpatient Mental Health Lead, NIMHE*

**12:40** – Questions and Answers

**13:00-14:00** – Lunch Break (1 hour)

## AFTERNOON

**14.00**  
OPENING DOORS  
**Anthony Roach,**  
*Service User Expert, Quality Network for Forensic Mental  
Health Services*

**14:30-15:10**  
PARALLEL WORKSHOPS  
14:30 – 15:10 Workshop Session One  
*Each workshop will be running in both sessions. Please  
indicate your workshop preference when booking.*

**1. SUICIDAL BEHAVIOUR – SUICIDE TOOLKIT**  
**Vanessa Gordon, NPSA Mental Health Lead**

**2. THE HEALING ENVIRONMENT**  
**Robert Tunmore, Project Lead, The Kings Fund**

**3. PRISON MENTAL HEALTH – TRANSFER OR  
SHARING THE LOAD?**  
**RCN CJS Forum**

**4. DELIVERING QUALITY IN PRISON MENTAL HEALTH**  
**Dr Annie Bartlett, Reader in Forensic Psychiatry,  
St George's University of London**

**5. MANAGING SEXUALITY IN SECURE  
ENVIRONMENTS**  
**Dr Kalpana Dein, Consultant in Forensic Psychiatry,  
South Essex Partnership NHS Foundation Trust and  
Ruth Halsey, Clinical Manager, Cygnet Health Care**

**15:10** – Coffee Break

**15:30-16:10**  
PARALLEL WORKSHOPS  
15:30 – 16:10 Workshop Session Two  
Repeat of the above workshops

**16:10**  
2 MINUTE ROUND UP OF WORKSHOPS  
**Dr Ben Thomas, Chair for the day**  
*Head of Mental Health and Learning Disabilities Nursing,  
Department of Health*

**16:30** – Close of Conference